Student Support Advisors can assist students experiencing personal and health issues which are impacting their studies or attendance at UNSW. Both psychological and physical factors can be multifaceted and in turn, we aim to provide a comprehensive approach to ensure students are able to effectively manage their issues and re-engage with study.

We can assist students in the following ways:

- Assist students to access various health services within and outside of UNSW.
- Assist students in applying for special consideration or amending their enrolment.
- Support students to develop a manageable workload.
- Assist students who are having difficulties transitioning into University life.
- Provide support and skills to help students with anxiety and stress related to assessments and exams.
- Assist students who are having difficulties with motivation.
- Provide support to students who are feeling unsafe or unsure what to do about threatening or unwanted behaviour, including sexual harassment and assault.

Contact Student Support Advisors

- You can book an appointment with an advisor here.
- Alternatively you can email your enquiry to advisors@unsw.edu.au
Helpful links

- **Counselling (CAPS)** - Our qualified psychologists will provide you with a safe space in which to reflect upon your circumstances and help you find a resolution.
- **Equitable Learning Services** – If you have a disability, medical condition, learning disability, or are dealing with personal circumstances that affect your study, Equitable Learning Services may be able to provide you with assistance.
- **Clubs and Societies** - No need to feel bored and lonely on campus. Join one of the hundreds of clubs and societies available to you.
- **Volunteering opportunities** - Get your foot in the door or enhance your leadership potential. Many opportunities are recognised by UNSW Advantage as eligible for recognition on your AHEGS.
- **Careers and Employment** - We want you to succeed well beyond the classroom and translate your skills into the workforce.
- **University Health Service** - Book online or use the drop-in clinic to talk to a qualified doctor for all your health needs or concerns.

Advice with Personal & Health Issues

Document Version Date 22/05/2020
UNSW CRICOS Provider Code: 00098G
https://student.unsw.edu.au/educational-support-advice-personal-and-health-issues