Student Support Advisors can assist students to develop their study skills to get the most out of their education whilst at UNSW.

Healthy study habits can contribute to the reduction in stress associated with University workloads through the improvement in time management and organisational skills.

**Contact Student Support Advisors**

- You can book an appointment with an advisor here.
- Alternatively you can email your enquiry to advisors@unsw.edu.au

**Helpful links**

- **Learning and Careers Online** - Get help with essay writing, referencing, exam preparation, note-taking or English language conversation classes
- **Time Management** - Get yourself organised
**Academic Success: Getting Back on Track**

Do you need help staying on track with your studies.

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**Study Support**

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[https://student.unsw.edu.au/study-support-and-education-support-advisors](https://student.unsw.edu.au/study-support-and-education-support-advisors)