Student Support Advisors can assist students to develop their study skills to get the most out of their education whilst at UNSW.

Healthy study habits can contribute to the reduction in stress associated with University workloads through the improvement in time management and organisational skills.

**Contact Student Support Advisors**

- **Phone:** 02 9385 4734
- **Email:** advisors@unsw.edu.au

**Helpful links**

- **Learning Centre** - Get help with essay writing, referencing, exam preparation, note-taking or English language conversation classes
- **Time Management** - Get yourself organised
Academic Success: Getting Back on Track

Do you need help staying on track with your studies.