Don't panic

When you are sitting an exam, it's OK to be nervous, but try not to panic. An Open Book exam is another form of intellectual analysis. It is not very different from preparing an assignment at home, except that time is more limited. See our guide to Surviving Exams.

Eat something

You might feel too nervous to eat, but your brain needs fuel! If you don't eat, halfway through the exam you'll find yourself feeling tired, hungry and losing concentration. It's also a good idea to take some bottled water into the exam room.

If you're sitting a take home exam:

- don't forget to eat lunch or dinner
- take a break every couple of hours
- drink plenty of water

Read all the questions carefully

Before you start the exam, make sure you read all the questions carefully and understand what it is you are being asked to do. Look for the Clue Words in the questions.

Use the exam time wisely

Answer the 'easy' questions first. Starting with the 'hard' questions (questions you are unsure of) slows you down and can leave you with insufficient time to address the others that you can do well in.

Don't use too many quotations

Don't copy long chunks from the text or waste time quoting extensively. Use very few quotations—your own analysis is more important. Use the time and information to build a well-constructed answer.

Don't over-answer

With lots of materials available, it can be tempting to over-write and waffle on. Remember that more is not always better. Answer the question, and aim for concise, accurate, thoughtful answers that make good use of supporting evidence.

Open book exam checklist

- Find out the exam requirements
- Find out practical details (time, place etc.)
Preparation

- Study your course materials
- Work out the materials and resources you will use
- If you're doing a Take Home exam, prepare your study area
- Prepare useful notes
- Organise your materials
- Get a good night’s sleep

On the day

- Don’t panic
- Only take in what you really need
- Eat something
- Arrive in good time
- Avoid ‘panic talk’
- Read all the exam questions carefully
- Start with the easy ones
- Use quotations sparingly
- Don’t over-answer
- Be aware of the time

Tips for sitting the exam

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