Emergency

In an emergency if somebody you or someone you are with needs urgent medical attention, you should call **000** immediately. If someone has attempted or is at immediate risk of harm to themselves or others, call triple zero **000** or Lifeline on **13 11 14**.

Hospital

If you are seriously hurt or sick you can go to an emergency department for urgent treatment, the nearest hospital is **Prince of Wales Hospital**, Barker St, Randwick-9382 2222

Urgent Help: 24 hour Counselling

- **Lifeline** - Phone **13 11 14** for crisis support and suicide prevention.
- **Suicide Call Back Service** - 1300 659 467
- **Beyond Blue** - 1300 22 46 36
- Alternatively please attend the emergency service of your **local hospital**.
- **More counselling contacts for suicide and self harm**.

For all other enquiries please call:

- National Home Doctor Service - 137425
- Health Direct
- Medibank 24/7 Student Health and Support Line - 1800 887 283